



RULES AND REGULATIONS FOR SWIMMING

1. General

- 1.1. The competition, unless otherwise stated in these Rules and Regulations, shall be governed by the 2013 - 2017 Federation Internationale de Natation (FINA) Rules.
- 1.2 In matters not provided for, decisions shall rest with the Technical and/or the Organizing Committee.

2. Composition of Team

Each contingent of participating country shall consist of not more than thirty-five (35) competitors and six (6) officials based on the following ratio:

Up to 10 competitors	:	2 Officials
Exceeding 10 and up to 20 competitors	:	3 Officials
Exceeding 20 and up to 28 competitors	:	5 Officials
Exceeding 28 and up to 35 competitors	:	6 Officials

3. Events

NO	EVENTS	BOYS	GIRLS
1	50 M - FREESTYLE	√	√
2	100 M – FREESTYLE	√	√
3	200 M - FREESTYLE	√	√
4	400 M - FREESTYLE	√	√
5	800 M – FREESTYLE	x	√
6	1500M – FREESTYLE	√	x
7	100 M - BUTTERFLY	√	√
8	200 M - BUTTERFLY	√	√
9	100 M – BACKSTROKE	√	√
10	200 M – BACKSTROKE	√	√
11	100 M – BREASTSTROKE	√	√
12	200 M - BREASTSTROKE	√	√
13	200 M - INDIVIDUAL MEDLEY	√	√
14	400 M - INDIVIDUAL MEDLEY	√	√
15	4x100 M – FREESTYLE RELAY	√	√

16	4x100 M - MEDLEY RELAY	√	√
	TOTAL	15 EVENTS	15 EVENTS

4. Entries

- 4.1 For each Individual Event, each country may enter a maximum of TWO (2) competitors. However, there is no limit to the number of events a swimmer may compete in. No substitution of competitor is allowed.
- 4.2 For each Relay Event, each country may enter only ONE (1) team with a maximum of FIVE (5), inclusive of one (1) reserve. Only those swimmers who are registered in the Relay Event can take part.

5. Qualifiers

- 5.1 There will be Heats and Finals in all events, with the exceptional of the boy's 1500m freestyle and girl's 800m freestyle for which there will be timed Finals only with the heats being swum in the morning and the last heat to be swum in the afternoon.
- 5.2 The fastest 8 swimmers in each event will qualify for the Final.
- 5.3 In the event of a tie for one or more positions in the Heats, the Referee will decide on a swim off to resolve the tie.

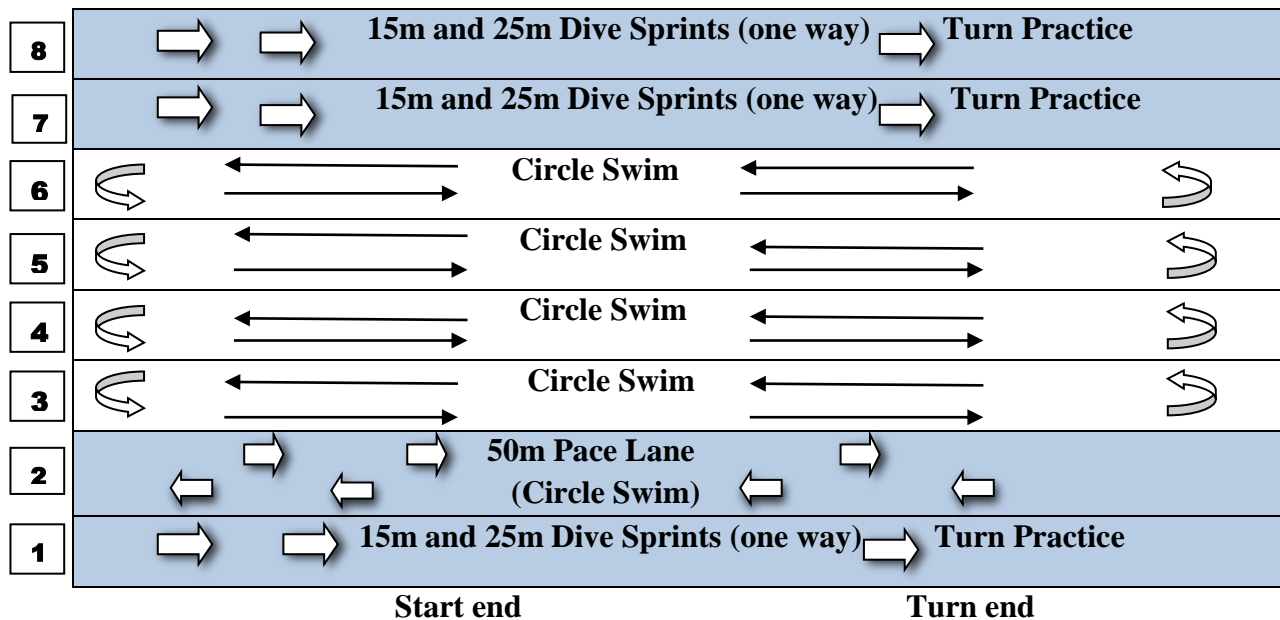
6. Competition Procedures

6.1 Warm Up

The main competition pool can be used for warm up before competition. It must be cleared twenty (20) minutes before the scheduled start of competition. The warm up procedures are as follow:

6.1.1 Competition Pool

- a. All lanes in the Competition Pool are CIRCLE SWIMMING ONLY (except lanes 1 and 8 which will always be open as sprint lanes), until 7:15 A.M. in the morning and 2:00 P.M. in the afternoon when the competition pool converts to the schematic diagram for warm-up which shall be observed at all times.
- b. There shall be NO DIVING in the Circle Swimming Lanes, the Turn Practice Lanes, and the 50m Pace Lane. Entry to these lanes is to be feet first from a sitting position at all times.
- c. The use of swim paddles is prohibited during warm-up.
- d. The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.
- e. Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.
- f. No one is allowed on the pool deck from the start of the competition until the end except Technical Officials on duty.



COMPETITION POOL WARM-UP

DIAGRAM

6.2 Reporting

All swimmers must report to the Clerk of Course at least TWO (2) events prior to their event in which they are to swim. Any swimmer failing to do so will be deemed as to have withdrawn from the event.

6.3 Relay Events

The name of the swimmers of the relay team and their order of competing must be submitted to the Clerk of Course at least half an hour before the start of the session. The team must swim in the order listed in the submission. These FOUR (4) swimmers must come from the FIVE (5) registered swimmers for the relay.

6.4 Withdrawals

6.4.1 Swimmers wishing to withdraw from the heats shall do so before the start of the session.

6.4.2 A swimmer wishing to withdraw from the final, in which he/she qualified in, must

do so within 30 minutes following the preliminary in which he/she took part in.

6.4.3 Substitute for the withdrawing finalist will be chosen in order of their ranking in the heats. Any swimmer not wishing to be called as a substitute must give an early notice.

7. Competitors' Enclosure

All competitors, when not competing are to remain in the competitors' enclosure. They are not allowed to go near the edge of the pool.

8. Coaching/Pacing

Sideline coaching or pacing may result in the disqualification of the competitors.

9. Protest

- a. All protests must be submitted in writing to the Referee by the Team Manager only. All protests must be lodged within 30 minutes upon the conclusion of the respective events.
- b. If conditions causing a potential protest are noted prior to a competition, the protest must be lodged before the signal to start is given.
- c. The Referee shall consider all protests. The Team Manager may appeal to the Jury of Appeal against the Referee's decision. The decision of the Jury of Appeal is final.

10. Jury of Appeal

- a. The Jury of Appeal shall comprise a Chairperson, who is nominated from the host country. The other members will comprise of a Team Manager from each participating country except for the team involved in the protest.
- b. Each member is allowed one vote, including the Chairperson. A member will not be allowed to cast a vote if the interest of the country is involved.

11. Order of Events

The Organizing Committee reserves the right to make changes for the heats and finals.

12. Amendments

The 6th ASEAN Schools Games Organizing Committee shall have the right to delete, add to or amend the rules and regulations laid down herein.